

Medication Information for English Speakers

1. Ingredient name

Valsartan

2. What this medication is used for

(Hypotensive)

Treats cardiovascular diseases such as hypertension and heart failure.

3. How to take this medication

May cause dizziness and vertigo. Move slowly when rising from a seated or lying position.

Be aware of symptoms such as changes in the amount of urine, sudden weight gain, etc.

Be aware when eating potassium-rich foods, such as bananas and spinach.

If you are pregnant or may be pregnant, inform your doctor or pharmacist before taking this medicine.

In rare cases, you may experience swelling in the face or tongue or difficulty in breathing. Immediately inform your doctor or pharmacist if you experience these symptoms.